



**Kings Furlong**  
Infant School & Nursery  
*Member of the South Farnham Educational Trust*

*Get Ready for Nursery*





# Kings Furlong

Infant School & Nursery

*Member of the South Farnham Educational Trust*

*We hope that this leaflet will help you to prepare your child for our Nursery. If it does not answer all your questions, please contact us and we will be pleased to discuss them with you.*

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## Welcome

We are delighted that you have chosen Kings Furlong Infant School and Nursery for your child's early education.

We would love to show you around and strongly recommend a visit to the setting where you will be able to see the Nursery environment, meet the adults who will be working with your child and see the children 'in action'! It will also be the beginning of your child becoming used to a new environment and taking part in activities. It will help you to decide if this is the learning environment for your child.

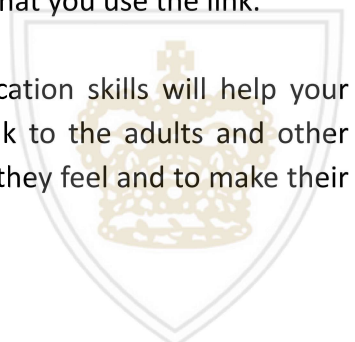
Please name all of your child's property, such as coats, bags and lunchboxes. It is also important to name everything that is in your child's bag.

We also ask parents to provide a named water bottle for children to use throughout every session.

Before coming to Nursery, it would be helpful for your child to be as independent as possible, for example washing their hands, attending to toilet needs and putting their own coat on.

Our Nursery uses Tapestry – an online learning journal – to communicate about your child's work. This is normally in the form of photographs and a brief explanation about the learning. You will receive an email with a link once your child begins Nursery. Tapestry is also used to communicate any accidents your child may have had so it is important that you use the link.

Working on communication skills will help your child to be able to talk to the adults and other children, express how they feel and to make their needs known.



## Helping your child to be ready to learn

Children are ready to learn when they can play with their friends and interact with the familiar adults in their lives, learn new skills, try things out and can cope emotionally and physically with new challenges that school life brings. The children also understand that they need to use 'walking feet' in Nursery to keep themselves and their friends safe.

If your child is ready to learn by the time they reach formal schooling (reception class) it is more likely that they will learn, grow and succeed throughout their school life and beyond.

## Personal and Social Development

### *Routines*

In our Nursery there are several transitions throughout your child's sessions. Our routine consists of using the outside and inside environment to play and work independently. Sometimes this will be with an adult, working with friends in a small group. We also come together for short whole Nursery group sessions where we learn together.

The children have the opportunity to stop for snack in both the morning and afternoon sessions. We break for lunch and all go to the school hall to eat it.





## Setting routines at home

This will support your child getting used to set times and transitions, which can be tricky to begin with when children start Nursery. They are an important part of the Nursery Day and in the main school.

### For example –

- Waking up
- Brushing teeth
- Getting dressed
- Washing hands
- Snack Time
- Playing Time
- Dinner Time

### Bedtime routine

- Quiet time before bed
- Bath
- Brush teeth
- Story time
- Bedtime by 7.00pm

## Teaching Independence

Dressing up – learning to put their coat on and doing up the zip.

Self-care – encouraging the children to wipe their own nose and wash hands regularly.

Wean your child off dummies and bottles.

Potty Training.

### Healthy Lunch box

We encourage all children to come to Nursery with a healthy lunch box. It is important that they have enough eat to give them energy to help them through a long day.

*Lunchbox ideas and recipes – Healthier Families - NHS*

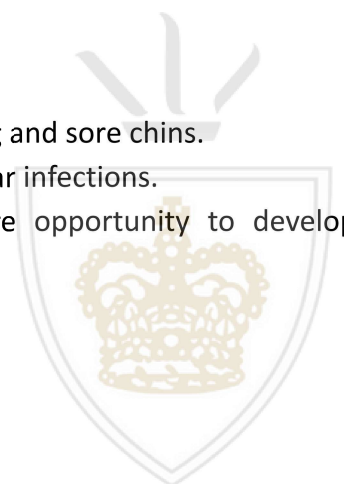
### Why no dummy?

Helps to reduce dribbling and sore chins.

May reduce the risk of ear infections.

Gives the children more opportunity to develop their speaking.

Reduces tooth decay.



## How can I go about this?

Choose a weekend when you have support. Your child may be upset for a few days but will soon feel better. It may be stressful seeing your child upset but remember they will soon get used to it. Remain consistent in your approach.

Your child may agree to throw away the dummy in exchange for a favourite treat.

Distract your child with other toys / activities away from dummies.

We will be asking parents to provide a named water bottle for children to use throughout their sessions.

*Dummies and weaning: How and when to stop dummy use - BBC Tiny Happy People*

### **Potty / Toilet Training**

How Can you help your child?

Ensure that it is stress free time.

Introduce pants / knickers – they may be the child's favourite character pants / knickers.

Keep nappy off during the day

Have access to nappy / toilet throughout the day.

Encourage your child to sit on the potty / toilet.

Give lots of praise, such as 'Well done', or 'Good job' with a smile.

Accidents are inevitable but have patience and there will be success!

### **Books to support**

*There are lots of books available on this subject – here are a few suggestions*

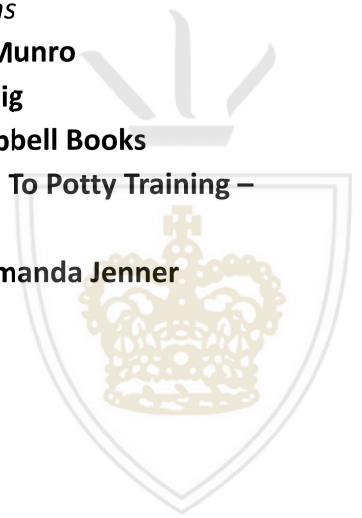
**Potty Superstar – Fiona Munro**

**George's Potty – Peppa Pig**

**No More Nappies – Campbell Books**

**First Time Parent's Guide To Potty Training – Jazmine McCoy**

**Potty Training Magic – Amanda Jenner**





## Online Support

*Toilet training - Better Lives Healthy Futures*

### Supporting Physical Development

This helps children to make big and small movements.

Threading cheerios – this will help to develop their finger muscles.

Play dough, paintbrush and paint, cornflour, shaving foam – helps to develop fine motor skills, such as rolling, squeezing and poking.

Ball games, such as throwing and catching helps to develop gross motor skills.

Water play activities, such as filling a jug and pouring the water out.

Food play – to encourage hand / eye coordination and encourage independence.

### Communication and Language Development

#### Sharing books and rhymes

Bilingual books are good in the child's home language.

Puppets – use these to create a two-way conversation – for example 'How are you today?' Are you happy, excited? Wait for a response.

Get your child to follow instructions, such as 'Get your shoes and put them away in the cupboard'. A two-part instruction.

#### Top tips of talking

Sharing books and rhymes.

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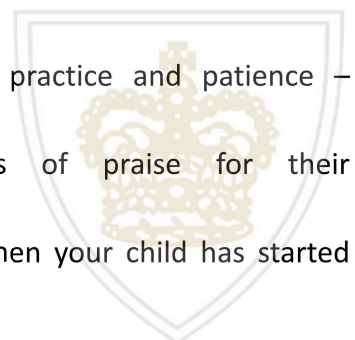
Get your child to follow instructions, such as 'Get your shoes and put them away in the cupboard'. A two-part instruction.

#### Key Points to remember

Everything takes time, practice and patience – persevere!

Give your child lots of praise for their achievements.

Keep practicing even when your child has started Nursery.





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